The Catholic Parish of Epping and Carlingford Diocese of Broken Bay

Our Lady Help of Christians' Church 31 Oxford Street, Epping and

St Gerard Majella Church 543 North Rocks Road, Carlingford

Parish Priest: Fr Peter Dowd, Ph.: 9876 2853 Email: peter@eppcarl.org.au

Email: parish@eppcarl.org.au



Assistant Priest: Fr Bogdan Skupien Ph.: 9876 2853 Email: Bogdan.Skupien@bbcatholic.org.au

Parish Office: 9876 2853

Welcome to our Parish of Epping and Carlingford consisting of our two worshipping communities of St Gerard Majella's at Carlingford and Our Lady Help of Christians at Epping. If you are new to the area or visiting today we are glad that you are with us, and we hope that our celebrations of the Eucharist together will provide both nourishment and challenge on your Christian journey.

PENTECOST SUNDAY

31-05-20

Acts 2:1-11

YEAR A

1 Corinthians 12:3-7.12-13

John 20:19-23

Dear sisters and brothers,

This weekend we celebrate the feast of Pentecost. Along with the coming of the Holy Spirit, it also celebrates what is commonly referred to as "the birthday of the Church" as the disciples of Jesus are empowered as true people of mission in service of the Gospel. As one pastor recently put it,

"The first disciples of Jesus waited for his gift of the Spirit, a gift they desperately needed, a gift that would give them the courage to live beyond their fears, a gift that would fill them with hope in the face of obstacles and adversity, a gift that would transform them and give them the ability to care for the needy all around them, a gift that would give them both the understanding and the desire to care for all that God had created, a gift that would constantly help them to recognize and choose "life the blessing." We need that same gift of the Spirit in our time."

Secondly, this last week marked the return of almost all students for full face to face teaching within our parish schools. I would like to take this opportunity to offer a huge "thank you" and congratulate our wonderful Principals, Dominique and Barbara, along with all our teachers and ancillary staff who have navigated the various changes and challenges in recent months with such generosity, professionalism, creativity and commitment. Sometimes you hear comments that teachers have an "easy" job working "only 9 to 3" and, of course, enjoy all those "extra weeks of holidays". If nothing else I think more people now have a much better appreciation of all the extra time given and the huge demands which are made on our teachers.

To all our teachers, we are immensely grateful!

Finally, this week has seen the resumption of our parish weekday Masses. As it turned out we even had a few vacancies! Everyone is of course welcome to join us along with the following procedures as advertised in last weeks bulletin. As indicated in last weekend's bulletin weekday Masses are being celebrated at the usual rostered times within both parish churches. **In the light of the most recent changes to government regulations we are now allowed to have a maximum of 50 people present providing we adhere to the physical distancing of 4 square metres per person.** Given that our numbers for weekday Masses would rarely be over 50 people the need to register with the parish office for weekday Masses is no longer required. However, for the time being the Sunday Mass will continue to be provided online.

Due to the recording of the Sunday Mass on Saturday mornings, the usual 9.15 am Mass at Epping will be celebrated at 12 noon followed at 12.30 pm by Exposition and Reconciliation concluding with Benediction at 1.00 pm.

Lastly, a reminder to everyone that in accordance with government regulations only **50** people can be inside the church at any time. **On each and every occasion that you visit you are asked to sanitise your hands on both your arrival and departure, as well as write your name and contact details in the book provided.** The reason the name and contact details are required is in case someone visiting the church was found to be COVID-19 positive, it would then be possible to trace others who may have been present around the same time and have them tested also.

Fr Peter

The Parish Website address is:





Follow us on Instagram

www.bbcatholic.org.au/eppingcarlingford

THE ADULT CHOIR'S EXPERIENCE of "ZOOM PRACTICES"

A single voice sounding in this period of social isolation does not seem a difficult task. When the "single voice" is formed by many, such as a choir, always striving to sound as one, the task then becomes impossible. We never envisaged that our gatherings would become illegal or even more dire, a threat to the health of each member.

For all people, this "new normal" has involved the breaking of old and the bridging of new routines and methods to achieve desired outcomes. Our choir has also tried to do this. By using technology (Zoom) we have tried to stay connected on a fortnightly basis, with the programmes being exactly what we would have practised if Masses were being celebrated. There have been a lot of teething problems (with some still yet to be resolved and some which just cannot be) but each week, more members join in, willing to test their patience and perseverance amongst the glitches. The choir's routine has therefore been maintained albeit in a modified form.

The main issues have been the sound delay between singers and piano and the unfamiliarity of the Zoom platform. The delay we will never conquer but with each meeting, more members are joining in as they grasp the workings of Zoom with the help of other choir members and their families. Another difficulty has been the

absence of a transpose button, which we used constantly on the church's keyboard to shift hymns to a more comfortable key for most members of the choir. An old upright just doesn't have that capability or the sound quality. Now that we can enter the church to use the keyboard, we will be experimenting with Zoom hoping to improve the sound quality for our choir practice.

But this exercise is not really about the music (how can it be when everyone needs to "mute" themselves so as not to be tormented by the sound lag?!). Sure it is the music that brings us together, but being able to see and hear each other gives us reassurance that everyone is well, both physically and mentally. Our chats at the end are becoming livelier as we feel more relaxed with this form of communication and guest appearances from former members are a real highlight. After all of this is over, it is not certain that our voices will be stronger and better tuned but what is assured is that our friendships, regard and appreciation for each other, will be.

We thank Elizabeth and Noel Austin for moving us along with the times, for creating and improving everyone's experience of this "new normal" and always supporting others with such patience and kindness.

Soon, hopefully all members of our parish will be able to meet safely again to celebrate God's word as a single voice.

Reconciliation Week

Finally, last Thursday 27th May marked the beginning of "Reconciliation Week". The 27th May is the anniversary of the 1967 Referendum that granted Aboriginal people the right to be counted in the census. We pray in this COVID-19 time that despite the frustrations with the slow pace of change for many, reaching out and building community may be more important than ever.

Charitable Works Fund Appeal



We give thanks to our Parish family who have continued to support the Charitable Works Fund (CWF). Your donations are distributed among 5 charities that provide faith based support to the people in the Diocese of Broken Bay. One of these charities is St Edmund's College, a Catholic Secondary School in the Edmund Rice tradition which supports and educates students with disabilities. St Edmund's provides a Catholic education for students in Years 7 - 12. Mr Jon Franzin, Principal, kindly provided us with an update:

St Edmund's students, families and staff have remained very positive during this time. Important was ensuring our students maintained real connections with their teachers and peers. It was also very important to ensure regular communication and support for our families as several of our families were impacted. The College moved swiftly to off campus learning towards the end of Term 1 and our incredible teaching staff fast tracked resources and materials to accommodate delivering the curriculum to all students both at home and school.

Despite the enormous change to our students' routines and structures, our students showed resilience, rising to the challenge of online learning at home. Many photos and videos were shared to celebrate Easter, our Feast Day of Blessed Edmund Rice, and Mother's Day in an effort to remain connected as a community. In Term 2, the College has continued both off campus and on campus learning in support of all our families as they navigate the uncertainty and future of Covid-19.

Donations can be made online at <u>www.givenow.com.au/</u> <u>cwf</u> and will support our Parish quota.

CWF Envelopes are also available from the parish office at Epping and outside the Church at Carlingford.

Prayer Requests

Do you have a prayer request - especially during the difficult times each of us is facing.



If you would like to pray for any special intention send your request to...

Bogdan.Skupien@bbcatholic.org.au or

Facebook link:

https://form.jotform.com/201323501410837

We are more than happy to pray for you!

Fr Peter and Fr Bogdan

Circle of Friends

If you are all self-isolating or staying at home and need some help, we want you to know you are not alone and where possible we would like to help. Whether it's a regular call to check in on how you are going, picking up made up scripts from the chemist, helping with shopping or praying with you, we have parishioners who have already stepped up to offer their time and service for you. The idea if that we use this time especially to create what one of our parishioners referred to as a "Circle of Friends" within the parish.

Some of the ways we can offer you support are:

- A friendly phone call to check-in.
- Urgent supplies for example, picking up medical prescriptions.
- Errands such as posting mail, picking up parcels.
- Prayer support—to chat, to listen and to pray with you.
- Computer support, for example how to connect to video chats or online Masses, how to buy items online.

If you would like some support or know someone else in need please let us know by calling the parish on 9876 2853 or send an email to maree@eppcarl.org.au Of course, all requests will be treated with the strictest confidence. Also if anyone is able to offer their services with providing any of the above areas could you also please make contact with the parish as noted above.

We have been hearing some great stories about how people are coming together praying in new and different ways either on their own or with their families.

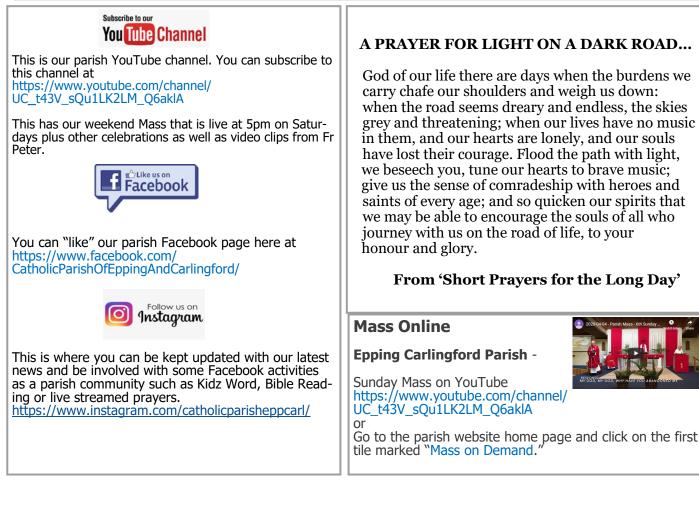
We would like to hear your stories also to share anonymously with the wider parish! Please send a brief description to me at my email address peter@eppcarl.org.au

You have asked how we are responding to Mass as home.

I have been pleased to be able to attend Virtual Mass, but am longing to attend a Mass and excited about being able to do so soon.

At a Mass, at Communion time, I prayerfully cup my hands as though I am to receive the Body of Christ, I then pray, My Jesus, as I cannot receive you Sacramentally please come into my heart Spiritually, I embrace You as if you were already there and unite myself wholly to you Never permit me to be separated from You. Amen.

I then, during this prayer, place my cupped hands against my heart...May the Lord bless us all. Narelle



A PRAYER FOR LIGHT ON A DARK ROAD...

God of our life there are days when the burdens we carry chafe our shoulders and weigh us down: when the road seems dreary and endless, the skies grey and threatening; when our lives have no music in them, and our hearts are lonely, and our souls have lost their courage. Flood the path with light, we beseech you, tune our hearts to brave music; give us the sense of comradeship with heroes and saints of every age; and so quicken our spirits that we may be able to encourage the souls of all who journey with us on the road of life, to your

From 'Short Prayers for the Long Day'





Children's Ministries

Kidz Word played Trivia on Sunday within our private Facebook group! I showed a YouTube video of The Ascension. I then asked the children a few questions about Jesus' Ascension where they had to answer 'True' or 'False'. This was done via the interactive chat function during the live session. I had a good laugh when the answer "I don't know" came up . There were a total of 109 comments and I am having trouble scrolling back to tally the scores to find our winner but I will get there!



Jesus Returns To Heaven - The Ascension - Animated Simple Bible Stories

After the game, I asked the group, "Why is Jesus' Ascension so important? Why didn't he stop at the Resurrection? Was it not enough that he rose from the dead?" There was silence in our chat for a while. Then the answers started coming: "He created a pathway for us to heaven", "He had to send the Holy Spirit down to us", "He rose to heaven so that he could look after everyone all over the world", etc. and... (insert drumroll)... "What prize do we get if we got the answers right?" Hahahahaha.....



I explained to the children Jesus returning to heaven was really the day Jesus started working from "home". If he had continued to stay on earth, he would be physically stuck at one place at any one time, but by working from his "home", he was able to listen to all our prayers and help many people all over the world at the same time. I was so delighted that some got help either from their parents or Google because the main thing was the connection we had even whilst we were not physically together and the 30 minutes the parents spent with the children looking for answers! For me, this is social media put to good use and time well spent experiencing something new.

That's it from me this week and remember: children always require the presence of a responsible adult when you access online parish activities.

As always, if you would like more details or if you require assistance in signing up for any of our parish online initiatives (YouTube channel, Facebook, Kidz Word, Bible Reading, Prayer Ministry, Alpha, RCIA, Zoom meetings and Instagram) please <u>feel</u> <u>free to contact me. I am more than happy to assist.</u>

Lynn Siau Sacramental Programme and Children's Ministries 0407 255 593 <u>lynn@eppcarl.org.au</u>

OUR PARISH ANTIOCH COMMUNITY

Antioch are meeting online (via zoom) this Sunday 6-8pm!

To join, please message our parent support, Joanne (joanne_sin@hotmail.com)

or youth minister, Joanna Mak (<u>joanna@eppcarl.org.au</u> or 0404 710 588).

Also, follow us on our Facebook page, @ Epping & Carlingford Antioch Community!

CANA: OUR Yr. 7-9 YOUTH GROUP

Our Cana (year 7-9) youth group meetings is currently postponed.

If you want to stay in touch, please email or message Joanna (email: joan-<u>na@eppcarl.org.au</u> or mobile: 0404 710 588) to receive weekly Cana newsletters and updates.

Parish Bible Reading Group

We are now on our 19th consecutive day reading a chapter of Matthew each day!

Our weekly zoom meetings on Fridays from 7:30-8:30pm are still happening for further reflections, discussions and prayer. For zoom, you can either click the link: https://us02web.zoom.us/j/88465320381

Or

Using a smartphone App

- 1. Open zoom application
- Click the join button
 Enter meeting ID *88465320381*

Or via a telephone

☎ +61 2 8015 2088

Enter meeting ID *88465320381*

After reading Matthew, we will reflect on our experiences of Matthew before begin reading Mark on the 8^{th} June. Invite your friends and family!





Plenary Council Assembly new dates

The bishops have announced the new dates for the Plenary Council 2020 assemblies! To read more go to https://mediablog.catholic.org.au/plenary-council-assemblies-set-for-2021-and-2022

The thematic papers written by the Discernment and Writing Groups will be released on Pentecost Sunday, and more resources and updates will follow for delegates and non-delegates alike.

In the midst of the nation's slow but sure recovery from the COVID-19 pandemic, we are thankful for all those who continue to pray for the Church in Australia as we now travel towards October 2021!

PARISH STAFF	After Hours Sick Calls— 9876 2853
Parish Secretary: Dennis Porteous Ph.: 9876 2853 Email: dennis@eppcarl.org.au	Outside office hours our office phones divert to Fr Peter and Fr Bogdan at home. In the event that they are unavailable, their answering machines will record your message or ring the num- ber given in the message. However, if possible please restrict
Asst. Parish Secretary: Maree Balzulat Ph.: 9876 2853	routine enquiries to office hours.
Email: maree@eppcarl.org.au	Admitted to Hospital A reminder that if you are admitted
Pastoral Care Assistant: Maree Balzulat Ph.: 9876 2853 Email: maree@eppcarl.org.au	to hospital, please try to ensure that you write down your reli- gion as Catholic on the admission form, so that you can receive Catholic services during your stay.
Parish Support Worker (PSW) Sacramental Programmes and Children's Ministries Lynn Siau Ph.: 0407 255 593 Email: lynn@eppcarl.org.au	Have You Told Us? If you have recently changed your address, phone number or email. For parishioners who give by credit card, does your credit card expire in the near future? Please give the parish office a call on 9876 2853 if you have received a new credit card and/or a new expiry date.
Sacramental Programme Assistant: Lisha Abraham Ph.: 0407 255 593 Email: kids. Sacrament@eppcarl.org.au	ECUMENICAL RELATIONSHIPS Our parish is strongly com- mitted to ecumenism and a formal Covenant has been signed with the Anglican Parish of Epping, Epping Uniting Church,
Pastoral Support Worker (PSW) Youth:	West, Epping Uniting Church and Epping Baptist Church.
Joanna Mak Ph.: 0404 710 588 Email: joanna@eppcarl.org.au	St Gerard's Catholic Primary School Principal: Mrs Barbara Yee
Missionary Discipleship Coordinator: Denis McNamara	543 North Rocks Road, Carlingford
Ph.: 0410 041 944 Email: denis.mcnamara@eppcarl.org.au	P: 9871 1633 www.sgcdbb.catholic.edu E: sgc@dbb.catholic.edu.au
Parish Pastoral Council If you have any questions, comments or feedback for the Parish Pastoral Council then please send an email to	



McGrath



Our Lady Help Of Christians Catholic Primary School Principal: Ms Dominique O'Sullivan 8 Cambridge Street, Epping 2121 Ph: 9868 3322 www.olhcdbb.catholic.edu.au Email: olhc@dbb.catholic.edu.au

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We are here to help

We want to reassure you that we are here to help. Our Home Care, Residential Aged Care and Retirement Living services are operating today and every day to ensure you keep receiving quality care and support. For more information on our services please watch our Aged Care Services Explained video here to make the right choice of how we can help. To contact us call 1800 225 474



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Reflection on this Sunday's Gospel— The Language of the Spirit

Lorenzo Rosebaugh, a Missionary Oblate of Mary Immaculate (OMI), was shot to death as he was driving with a number of his fellow missionaries to a community meeting in Guatemala.

The real motive behind his killing may never be known. On the surface, it appeared to be nothing more than a violent robbery, but given the circumstances of Lorenzo's life and his life-long fight on behalf of justice for the poor, everyone, myself no exception, wants to believe that his being shot was more than a question of being at the wrong place at the wrong time. Too many things suggest that this was more than an accident. If nothing else, his death by gunshot is somehow symbolic: Lorenzo wasn't meant to die of old age in a comfortable bed.

We speak through the spirit, through the language of the Holy Spirit, a language that transcends the spoken word and the language of our bodies. I first met Lorenzo at our mother-house at Aix-en-Provence in France years ago. He had just returned from a long missionary stint in Latin America where, among other things, he had lived on the streets of Recife with its poor for several years, without roof or fixed address. A serious illness drove him back to the USA and his Oblate community sent him on a sabbatical to France. He arrived there unable to speak any French whatsoever.

Yet, when I met him, less than a month after his arrival, he was sitting on the steps of the church which is attached to our community residence with a dozen street-people gathered round him. They were sharing food and cigarettes and some kind of conversation. It looked like a picnic in the park.

our bodies. There is nothing exceptional about this except that Lorenzo couldn't speak a word of French and the people gathered round him couldn't speak English, Portuguese, or Spanish (his languages). Yet they clearly seemed to be communicating with each other, and deeply, in a way that would trigger envy to an outsider, and Lorenzo was their focal point.

How? How can we speak to each other beyond communicating in the ordinary languages that we know? When the Evangelist, Luke, describes the first Pentecost, he tells us that, after receiving the Holy Spirit, the first followers of Jesus came out into public and began speaking and, everyone, absolutely everyone, no matter their ethnicity or language, heard the disciples' words as if they were in their own language. The old barriers of native language no longer blocked hearing or understanding. The language given by the spirit transcended ethnicity and native tongue.

It is too easy for us to simply write this off as a miracle, an exceptional foundational intervention by God which helped found the church. That may also be true, but there is another point to this: language functions at different levels.

At its most obvious level, language depends upon the spoken word and that word is always in a particular language, e.g., French, English, Spanish, Chinese. At this level words have a relative power, but they can also deceive and lie. Words don't always accurately mirror the heart. Moreover, they invariably fail us just when we need them most, especially in depth situations where tragedy, death, and betrayal render us mute.

But we have other languages besides these. Beyond the spoken word there is body language. Our bodies speak louder and more honestly than do our words. Through our bodies, through its gestures and the nuances of its countenance, we speak more deeply and more truly than we do with our words.

And we have still yet a deeper language: more deeply than through the body, we speak through the spirit, through the language of the Holy Spirit, a language that transcends the spoken word and the language of our bodies.

What is the language of the spirit?

The Holy Spirit is not just a person inside the Trinity, hopelessly abstract and beyond our conception. Scripture tells us that the Holy Spirit is the very concrete, conceivable, and tangible insides of charity, joy, peace, patience, goodness, longsuffering, fidelity, gentleness, and chastity. These speak through us more loudly and clearly, either in their presence or their absence, than do all our words and gestures.

In the end we are not fooled by each other. We hear beyond spoken words, bodily gestures, and beyond what we explicitly intend to say to each other. The heart reads the heart and the spirit recognizes itself wherever it sees itself as manifest. Thus many of us talk passionately about our love for the poor, but the poor do not hear us, understand us, or gather round us, even when our diction is perfect in their native tongue.

While working in Latin America, Lorenzo Rosebaugh spoke only broken Spanish and broken Portuguese. Yet the poor there heard him and perfectly understood what he was saying. He spoke no French at all and still he was able to sit on the steps of a church in France and gather round him the street-people there who spoke only French—and they understood him clearly, as in their mother-tongue.

Such is the language of Pentecost.

Ron Rolheiser

Used with permission of the author, Oblate Father Ron Rolheiser. Currently, Father Rolheiser is serving as President of the Oblate School of Theology in San Antonio Texas. He can be contacted through his web site, www.ronrolheiser.com.

PLEASE NOTE THAT ALL MASSES ARE POSTPONED UNTIL FURTHER NOTICE

SACRAMENT OF RECONCILIATION: EPPING 12:30 pm—1:00 pm, CARLINGFORD 4:30pm—5:30pm AND BY APPOINTMENT

BAPTISMS, WEDDINGS AND FUNERALS: BY APPOINTMENT

PARISH OFFICE: 29 Oxford Street, Epping NSW 2121 PH: 9876 2853 Email: parish@eppcarl.org.au

ST GERARD MAJELLA PRIMARY SCHOOL: PH: 9871 1633 Email: sgc@dbb.catholic.edu.au

OUR LADY HELP OF CHRISTANS PRIMARY SCHOOL: PH: 9868 3322 Email: olhc@dbb.catholic.edu.au

Lord, in Jesus your Son, you restored to us the gift of Everlasting life. Grant that life to:

Recently deceased: Marj Hanlon, Maria Neves, Bev Aliprandi, Maria Pereira. Trish Gravenor,

Anniversaries: Aileen Wilde,

Please pray for those who are sick: Sean Huhse, Joel Steinberg, Patricia Rumble, Dean Pan, John Davies, Nicole Greenfield, Michael Furlong, Saulius Dovydas Balsya, Residents of Wesley Rayward Nursing Home, Mark Di Palma, Anthony Conlon, Andrew Hannam, The Craig Family, Fr Mick Court, Margaret Maher, Anna & Leo Bruzze, Gerhard Stieger, Rebecca Lawler, Ben Thornton, Elaine Finlayson, Jan Doherty, Brian Walsh, Patricia O'Connor, Kathy Noonan, Alice Eng, Peck Quah, Dorothy Bonaccorso, Narelda & Alan Ryan, Kit Smith, Margaret Floyd, Barbara Madafiglio, John Lyons, Howard, Carey, Bev Gibbeson, Greg Walsh, John Gilberti, Stella Nathan, Catherine Walsh, Brendan Stone, Melanie Loudoun, Mary Wijewardana, Elaine Hunt, Arnold Day, Maureen Carlon, Fr Adrian Borst, Augustine Hong, Luba Charlton, George Khouri, Antony Hogan, Ingrid Connor, Steve Toth, Martin & Gay Flood, William Jones, Nicholas Rajanayagen, Maria Lee, Patricia Muschalik, Delma Soria, Sr Abanasia Lee, Maria Belisario, Stella Edwards, Fara Vargas, Theo Stevens, Monica Weeden, Thomas Woodward, Wai Chun Wong, Heather Stoodley, Agnes Wong, Irene Winardi.

Due to privacy laws, names of the sick and deceased can only be put in the bulletin with the permission of the family.

Supporting our Parish Financially	Sequence
A number of people have enquired as to how they can contin- ue their financial support for the parish during this difficult time. We realise that this may not be possible in the light of growing unemployment and reductions in superannuation re- turns at the moment and there is absolutely no pressure	Holy Spirit, Lord of light, From the clear celestial height Thy pure beaming radiance give.
 on anyone to contribute! The First Collection Supports the needs of the priests of the parish, the retired priests of the diocese and the Bishop. The Second Collection Money from the Second Collection supports the running costs of the parish including the payment of staff. If you are able to contribute, the Church account details are shown below: Epping and Carlingford Parish Accounts for Internet Banking with the Commonwealth Bank First Collection BSB 062 784 A/C No 858 8002 Second Collection BSB 062 784 A/C No 858 8001 In order to record planned giving in the parish office, we would suggest the reference be planned giving number where applicable and surname.	Come, thou Father of the poor, Come with treasures which endure; Come, thou light of all that live! Thou, of all consolers best, Thou, the soul's delightful guest, Dost refreshing peace bestow; Thou in toil art comfort sweet; Pleasant coolness in the heat; Solace in the midst of woe. Light immortal, light divine, Visit thou these hearts of thine, And our inmost being fill: If thou take thy grace away, Nothing pure in man will stay; All his good is turned to ill. Heal our wounds, our strength renew; On our dryness pour thy dew; Wash the stains of guilt away: Bend the stubborn heart and will; Melt the frozen, warm the chill; Guide the steps that go astray. Thou, on us who evermore Thee confess and thee adore, With thy sevenfold gifts descend: Give us comfort when we die; Give us life with thee on high; Give us joys that never end.
Thank you to all those who have made financial contributions. Your support is very much appreciated.	
Live-streaming of Weekday Mass Are you homebound, or do you feel anxious about leaving home due to the COVID19 situation? Our parish weekday Mass is now live-streamed from our parish Facebook page Monday to Friday: <u>https://www.facebook.com/</u> <u>CatholicParishOfEppingAndCarlingford/</u> Live-streaming will take place on: Mon. 9.30 am at St Gerard's, Tue. 12.15 pm at OLHC Wed. 9:30 am at St Gerard's, Thur. 12.15 pm at OLHC Fri. 9.30 am at St Gerard's.	